



Extraction Instructions



Immediately after:

- Bite on gauze for 15–20min – this helps to stop the bleeding
 - When the gauze gets wet, change it
 - Fold gauze in fourths and bite with *PRESSURE*

Rest of Day:

- Drink cool liquids and eat soft foods
- Do not use a straw – sucking causes the clot to dislodge

In General:

- Discomfort following a baby tooth extraction is minimal
- Take Advil/Motrin in the recommended dose if necessary

A consideration:



- The tooth fairy happily collects extracted teeth as well as those lost naturally

Special instructions: _____

The Waban Dental Group

Adult Dentistry • Pediatric Dentistry • Orthodontics
Jacqueline Birnhak, DMD Sandra Zaragoza, DMD Andrew Sonis, DMD
Douglas Howie, DMD Andrew Sonis, DMD Anthea Resnick, DMD