

# Dental Emergencies – Home Treatments

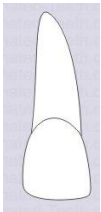


## Toothache



- Give your child Children's Motrin for pain
  - See your dentist as soon as possible
  - Keep the area clean
  - Apply a cold compress if the face is swollen
- \*\*\*Do not place aspirin on the aching tooth\*\*\*

## Knocked out Permanent Tooth



- Gently rinse the tooth with cool water only
  - Do not scrub it or hold it by the roots
  - Place the tooth in its socket and hold it there with a clean gauze or cloth until a dentist can be seen
- OR
- Store the tooth in a clean container of milk, saline or water
- Contact your dentist ASAP – the best outcome is treatment within 30min of the accident

NEVER REPLANT BABY TEETH!

## Chipped Tooth



- Rinse mouth with cool water and apply direct pressure to any bleeding area
- A cold compress can be used if any swelling is present
- Locate and save any broken tooth fragment
- Contact your dentist as soon as possible

## Cut or Bitten Tongue, Lip or Cheek Area



- Apply ice to the bruised area
- If bleeding, apply firm but gentle pressure to the area with a clean gauze or cloth
- If bleeding cannot be controlled after 15min by simple pressure, the child should be taken to a hospital emergency room.

*PREVENTION is the key to minimizing dental trauma*

- *Wear mouth guards when participating in contact sports*
- *Always use a car seat and a seat belt*
- *"Child proof" your home to prevent injuries*
- *Make regular dental visits*

## The Waban Dental Group

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